

# Coaching Programme (Web)

(2 days - max. 8 delegates)

## Implementing a Behaviour Based Driver Safety Programme

This highly practical and tailored online course gives delegates the knowledge and skills to risk assess drivers and implement behavioural change programmes. It's designed for driver trainers and managers who aim to use the Driver Risk Index™ to change high risk behaviours. It delivers training to delegates on how to use a range of driver coaching approaches.

### Learn Core Skills including:-

- Increase awareness of human factors that influence driver safety
- Understand the properties of the DriverMetrics® Assessment
- Explore the role of communication in the coaching process
- Understand how to coach using a DriverMetrics® Assessment



## Course Time Schedule

### Day 1

9.45am to 11.30am	<b>Webinar 1: The Human Factor in Driving</b>
10.00am to 10.30am	<b>Welcome and introductions</b> <ul style="list-style-type: none"> <li>• Phases of learning to drive</li> <li>• Goals for Driver Education</li> <li>• Human Factors and driver behaviour</li> </ul>
10.30am to 10.40am	<b>Activities</b>
10.40am to 11.15am	<ul style="list-style-type: none"> <li>• Stage Model of Behavioural Change</li> <li>• Introduction to behaviour based safety</li> <li>• Influencing driver behaviour</li> </ul>
11.15 to 11.30am	<b>Activities / Webinar 1 close</b>
1.30pm to 3.00pm	<b>Webinar 2: Assessing Driver Behaviour</b>
1.30pm to 2.00pm	<ul style="list-style-type: none"> <li>• Theory underpinning the DriverMetrics® Assessment</li> <li>• Measurement of behavioural risk</li> </ul>
2.30pm to 3.00pm	<ul style="list-style-type: none"> <li>• Your DriverMetrics® Assessment</li> <li>• <b>Webinar 2 close</b></li> </ul>

### Day 2

10.00am to 11.30am	<b>Webinar 3: Influencing Driver Behaviour</b>
10.00am to 10.30am	<ul style="list-style-type: none"> <li>• Twin forces of motivation</li> <li>• What is driver coaching?</li> </ul>
10.30am to 10.40am	<b>Activities</b>
10.40am to 11.15am	<ul style="list-style-type: none"> <li>• What makes a good coach?</li> <li>• Coaching models</li> <li>• Goal setting</li> </ul>
11.15 to 11.30am	<b>Activities / Webinar 3 close</b>
1.30pm to 3.00pm	<b>Webinar 4: DriverMetrics Profile based Coaching</b>
1.30pm to 2.00pm	<ul style="list-style-type: none"> <li>• How to interpret a DriverMetrics® Assessment</li> </ul>
2.00pm to 2.45pm	<ul style="list-style-type: none"> <li>• Practical coaching exercises</li> </ul>
2.45pm to 3.00pm	<ul style="list-style-type: none"> <li>• <b>Webinar 3 close and course end</b></li> </ul>

### Contact Us

T: 01234 436221  
 E: [contact@drivermetrics.com](mailto:contact@drivermetrics.com)  
[www.drivermetrics.com](http://www.drivermetrics.com)